

My contribution for the cause of Down syndrome from the year 2015 till date.

Tejal Shah

Profile: Tejal Shah is an **Excellence Award winner** for the cause of Down Syndrome and for establishing a course on down syndrome in association with Down Syndrome Federation of India . She has also been nominated by the State Commissioner of Karnataka and DSFI for a **National Award for “Best individual for the cause of person with disability”** for the year 2020.

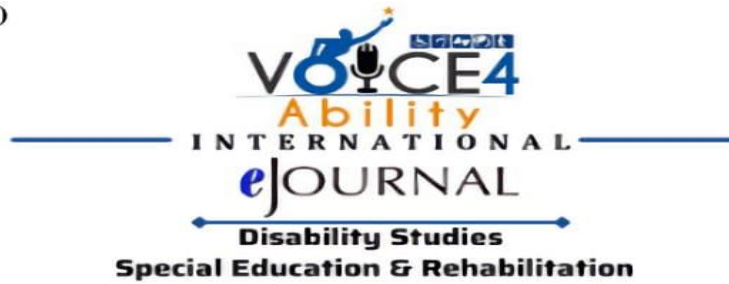
She is a proud parent (who has recently started a youtube channel called “**Happiness is Khushi**” which aims to raise aspirations for people with Down syndrome), a special educator and a founder of Bangalore Humsafar. As a special educator she has developed her own socio communication program and a reading program. She also gives guidance to parents on strategies to work with their children and home programs for children depending on their level. A video has also been developed to spread maximum awareness based on the following script. This is the you tube link for the same. https://youtu.be/FYxWcSUAn_k. For your information, my story has been covered by newzhook also recently. This is the link: <https://newzhook.com/story/a-mothers-contribution-towards-the-causeof-down-syndrome/>

Abstract

1. Created Bangalore Humsafar -a parent support group of 5 parents in the year 2015 which has grown to 245 parents for persons with Down syndrome today in the year 2020
2. Developed an Educational Tool Kit for overall development for person with Down syndrome,
3. Initiated a tie-up with Rainbow Hospital for regular check-ups and for one stop solution for all medical concerns for people with Down syndrome.
4. Established the first offline and online certificate course on Down Syndrome in association with Down Syndrome Federation of India which is one of its kind in the world.

**Designation: Founder Bangalore Humsafar (A parent support group for person with Down Syndrome),
Co Founder- Certificate Course on Down syndrome and a Certified Special Educator**

Contact Number 9886000154, email id: tejalvikasshah@gmail.com or happinessiskhushi@gmail.com



Objective

To create strong support system and to improve the quality of life of persons with Down syndrome .

Presentation Content

How did Bangalore Humsafar group form? What number has it grown to today? What are some of the benefits of this group for the parents and children?

What are the events and medical camps that have been conducted for the cause of Down Syndrome?

What is the Educational Tool kit? What age group of children benefit from it? Who all can use it? The link for the same is: <http://www.downsyndrome.in/education-toolkit.php> .

When and why was a first online and offline certificate course on Down syndrome introduced in India?

What are the benefits?

How can anybody contribute to the cause of Down Syndrome or do a course on Down Syndrome offline or online, or how can they take guidance for their child?