



Educational Tool kit

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Profile: Tejal Shah is an **Excellence Award winner** for the cause of Down Syndrome and for establishing a course on down syndrome in association with Down Syndrome Federation of India . She has also been nominated by the State Commissioner of Karnataka and DSFI for a **National Award for “Best individual for the cause of person with disability”** for the year 2020.

She is a proud parent (who has recently started a youtube channel called “**Happiness is Khushi**” which aims to raise aspirations for people with Down syndrome), a special educator and a founder of Bangalore Humsafar. As a special educator she has developed her own socio communication program and a reading program. She also gives guidance to parents on strategies to work with their children and home programs for children depending on their level. A video has also been developed to spread maximum awareness based on the following script. This is the you tube link for the same. https://youtu.be/FYxWcSUAn_k. For your information, my story has been covered by newzhook also recently. This is the link: <https://newzhook.com/story/a-mothers-contribution-towards-the-causeof-down-syndrome/>

Abstract

Our children have delayed milestones & learning difficulties. They find many day to day concepts difficult to understand. The tools used to teach different concepts to our children are scattered resulting in considerable time and effort to find them.

Therefore, I have designed & developed an Educational Tool where many of these tools are available at one place. These tools have been acknowledged and considered as an important resource by the Down syndrome federation of India and has been presented at various prestigious conferences in India. These tools are very well researched and carefully selected for overall development of children in their initial years.

**Designation: Founder Bangalore Humsafar (A parent support group for person with Down Syndrome),
Co Founder- Certificate Course on Down syndrome and a Certified Special Educator**



Learning Objective

This kit has been designed to develop perception and processing skills in children. It has been designed to provide inputs using different senses in the body which will not only help children learn new concepts faster but will also help retain them longer. Kids learn faster when presented with visual stimulus so every effort has been made to give them a lot of visual content.

Presentation Content

The presentation will provide the details of most of the tools along with pictures and videos of using them in the most effective way. These tools will help parents to work with their children at home and reduce the child's outdoor therapies. Moreover, if the child is exposed to these tools on a regular basis, parents will see an overall development of the child faster.

About the tools

The tool kit consists of tools& games for:

Children who struggle to understand or express emotions & feelings

Children who struggle to follow a routine& have lot of anxiety.

Children who have sensory needs.

Children who struggle to understand day to day concept for example: more or less, near /far etc.

Children who do not understand the concept of danger.

Children who are struggling to read and write.

Children who get distracted or need to calm down.

Children who are not introduced to money concept or who find it difficult to understand the money concept.

Children whose visual discrimination skills need to be developed.

Children whose visual perception skills need to be developed.

Children who are struggling to understand the concept of

today, tomorrow and yesterday



Children whose communication skills & language needs to be developed.

Children whose association skills and reading skills need to be developed.

Children who need clear understanding of their our body , good touch and bad touch.

I feel glad to share that I was invited to present this tool kit at :

1. International Down Syndrome conference held in Delhi 2017,Pune 2018 & Chandigarh2019
2. Assessment camp for children with special needs in Bangalore in March2018
3. Autism Awareness Camp held in Bangalore April 2018 4. Information and Resource Center at Bangalore Affiliated to Disability Government of India in Feb 2018.
5. Ahmedabad Awareness Camp held in Ahmedabad August 2018.
6. A Seminar Organized by KPAMRC (Karnataka Parents Association of Mentally Challenged) in Bangalore in Sept 2018.

Who is using these tools ?

At present these educations tools are being used by parents with typical as well as special children, leading early intervention centers all over India, special educators, clinical psychologists & special schools. The basic information about these tools is mentioned on the following websites:

<http://www.downsyndrome.in/education-toolkit.php>